

# THREE IMPEX

CREATING A BORDERLESS WORLD



arogya aahar<sup>TM</sup>

goodness that starts from within

Premium Indian Superfoods & Staples  
Exports & Domestic B2B Supply

# THREE IMPEX

CREATING A BORDERLESS WORLD

Three Impex is an India-based export and B2B supply company specialising in agricultural and food products sourced from established producing regions across the country. We work with trusted processors and sourcing partners to deliver export-ready food products that meet the requirements of international trade, bulk procurement, and private label programs.

Our operations are focused on consistency, quality control, and supply reliability, enabling us to serve importers, food manufacturers, distributors, institutional buyers, and trading companies across domestic and international markets.

Our product portfolio includes makhana, millets, rice varieties, edible seeds, natural sweeteners, cold-pressed edible oils, and herbal powders. Products are supplied in bulk or customised packaging formats, supported by standard export documentation and quality verification.

**Arogya Aahar** is a consumer food brand developed under Three Impex, catering exclusively to the Indian domestic market. The brand reflects our commitment to clean, wholesome, and responsibly sourced food products offered directly to consumers through select retail and online platforms. While Arogya Aahar operates as a B2C brand, its sourcing and quality practices align with the same standards followed across our B2B and export operations.

Across both businesses, we emphasise responsible sourcing, controlled processing, and long-term partnerships.

**FROM FIELD TO MARKET**  
**QUALITY • RELIABILITY • TRACEABILITY**



+91 8850998641

[@threeimpex](#)

[threeimpex](#)

Mumbai, MH, India

# THREE IMPEX

CREATING A BORDERLESS WORLD

## Core Principles

### Quality as Embedded Practice

Our operational standards exceed FSSAI requirements and align with international export specifications. Through third-party laboratory testing, detailed Certificates of Analysis (COAs), and comprehensive batch documentation, quality is assured—not promised.

### B2B Partnership Approach

Whether you are importing for brand development, distributing through retail channels, or supplying to institutional clients, Arogya Aahar provides:

- Technical product data and specifications
- Customizable packaging solutions
- Transparent pricing and clearly defined minimum order quantities (MOQs)
- Complete documentation for audits, certifications, and regulatory compliance

### Traceability as a Foundation

Every product batch is fully traceable to its source. We maintain and readily share comprehensive supplier information, batch identifiers, test reports, and shipping documentation. This commitment reduces risk and builds confidence for all B2B partners.

**FROM FIELD TO MARKET**  
**QUALITY • RELIABILITY • TRACEABILITY**



# Makhana



RAW - 6 SUTA  
DIAMETER 18MM - 24MM



RAW - 5 SUTA  
DIAMETER 15MM - 18MM



RAW - 4 SUTA  
DIAMETER 12MM - 15MM



MAKHANA FLOUR



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA



OLIVE OIL ROASTED  
FLAVOURED MAKHANA

# Millet Grains



PROSO MILLET  
(CHENA - चेना)



LITTLE MILLET  
(KUTKI - कुटकी)



KODO MILLET  
(KODRA - कोदरा)



SORGHUM  
(JOWAR - ज्वार)



FOXTAIL MILLET  
(KANGNI - कांगनी)



BROWNTOP MILLET  
(KORLE - कोरलै)



BARNYARD MILLET  
(SANWA - सन्वा)



PEARL MILLET  
(BAJRA - बाजरा)



FINGER MILLET  
(RAGI - रागी / मंडुआ)

# Millet Flours



PROSO MILLET  
(CHENA - चेना)



LITTLE MILLET  
(KUTKI - कुटकी)



KODO MILLET  
(KODRA - कोदरा)



FOXTAIL MILLET  
(KANGNI - कांगनी)



SORGHUM  
(JOWAR - ज्वार)



BROWNTOP MILLET  
(KORLE - कोरलै)



BARNYARD MILLET  
(SANWA - सन्वा)



PEARL MILLET  
(BAJRA - बाजरा)



FINGER MILLET  
(RAGI - रागी / मंडुआ)

# Jaggery



NATURAL  
JAGGERY CUBES



JAGGERY  
POWDER



SAUNF (FENNEL)  
JAGGERY CUBES



SOONTH (GINGER)  
JAGGERY CUBES



TIL (SESAME)  
JAGGERY CUBES



CHATKARA  
(MASALA)  
JAGGERY CUBES



BLACK PEPPER  
JAGGERY CUBES



COCONUT  
JAGGERY CUBES

# *Edible Seeds*



SESAME SEEDS  
WHITE



SESAME SEEDS  
BLACK



PUMPKIN SEEDS



SUNFLOWER SEEDS



WATERMELON  
SEEDS



CHIA SEEDS



FLAX SEEDS



BASIL SEEDS



QUINOA SEEDS

# *Herb Powders*



ASHWAGANDHA  
POWDER



AMLA  
POWDER



TRIPHALA  
POWDER



MORINGA  
POWDER

# *Cold-Pressed Oils*



SESAME OIL



MUSTARD OIL



COCONUT OIL



GROUNDNUT OIL

# *Rice*



LOW GI RICE

# *Atta*



KHAPLI ATTA



# Partner With Us



## YOUR GATEWAY TO PREMIUM INDIAN SUPERFOODS RELIABLE SUPPLY. HONEST PARTNERSHIP.

At Three Impex and Arogya Aahar, we focus on building long-term relationships with our partners. Whether you are a global importer requiring container-scale volumes or a domestic brand seeking consistent, quality-assured ingredients, we are committed to delivering quality, compliance, and trust with every shipment.

Looking for More? We've Got You Covered.

Our capabilities extend beyond the products listed in this catalogue. We understand that sourcing requirements often go beyond a fixed portfolio. As an integrated supply partner, we can source and consolidate a wide range of Indian pantry staples tailored to your exact specifications.

We Also Source & Supply:

- Essential Spices: Turmeric, cumin, coriander, red chilli (whole and powdered forms)
- Pulses & Lentils: Toor dal, chana dal, moong, urad
- Dehydrated Products: Onion, garlic, and ginger (powders and flakes)
- Other food ingredients and pantry staples

Our Service Promise:

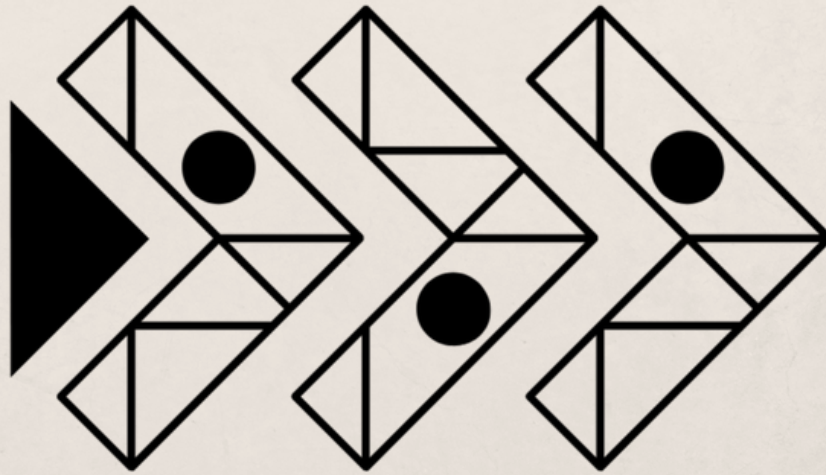
- Custom Sourcing: You define the specifications; we identify suitable farms or processors to meet your requirements
- Quality Verification: Quality standards are verified before dispatch from the manufacturing facility
- Shipment Consolidation: Multiple products can be consolidated into single shipments for improved logistical efficiency and cost optimisation

Please share your requirements with us, and we will deliver sourcing solutions that are aligned with your business needs.

Let's Start a Conversation

- 📍 Office: Mumbai, Maharashtra, India
- 📞 Mobile / WhatsApp: +91 8850998641
- ✉ Email: [info@threeimpex.com](mailto:info@threeimpex.com)





# THREE IMPEX

CREATING A BORDERLESS WORLD



**arogyaaahar** <sup>TM</sup>  
goodness that starts from within

Premium Indian Superfoods & Staples  
Exports & Domestic B2B Supply